MALMSTROM AIR FORCE BASE RETIREES NEWSLETTER

DEPARTMENT OF THE AIR FORCE 341ST MISSILE WING/RAO MALMSTROM AIR FORCE BASE, MONTANA



VOLUME 1 NUMBER 1 DIRECTOR SMSgt (Ret) JERRY HALL EDITOR TBD FEB 2017

From The Vice Commander

Happy 2017 Retirees! This year, we plan to increase our ability to communicate with you through the use of electronic media. In particular, I'd like to get as many of you as possible to join us on our retirees Facebook site: https://www.facebook.com/MalmstromRetirees/. Please take a few minutes to visit the site, and like us so you can keep up with goings on here at Malmstrom AFB. I also welcome your feedback on how we can get better at supporting you. For the initial effort of providing feedback, please email me at steven.folds@us.af.mil with your thoughts, ideas, and inputs.

Thanks, and I hope you have a phenomenal 2017!

Very respectfully; Jay Folds

From The Director

To echo Col Folds, Happy 2017! With our plan to increase our ability to communicate with you through the use of electronic media we realize there will be hurdles. If you have problems joining us on our retirees Facebook site, contact me at Malmstrom.Retirees@malmstrom.af.mil. After you visit the site, please give us some feedback and let us know what else you would like to see. We also welcome any other feedback you may have. We are also looking to re-invigorate the volunteer program. Please contact me for details.

Thank you for your service and we hope to hear from you soon!

Very respectfully; Jerry Hall

Our mailing address is:

341st Missile Wing RAO/CVR 21 77th Street No., Suite144 Malmstrom AFB, MT 59401-0000 Phone: 406-731-4751 jerry.hall@1stliberty.org "STILL SERVING"

Benefits Website

[Type here]

Retirees and family members are able to access information 24/7. Go to www.myaccess.dmdc.osd.mil/dsaccess.

Email Updates

Retirees and annuitants can keep their email address updated by logging into My Pay. Once logged in, click on "Email Address" and review/edit the "Personal Email address" block. When finished, click "Accept/Submit" button.

Tricare's Nurse Advice Line

Please remember the Nurse Advise Line is an option for receiving health care or answers to your medical questions. This service can be accessed 24 hours a day, 7 days a week by calling 1-800-874-2273 and selecting option 1. The Nurse Advice Line is not intended for emergencies and is not a substitute for emergency treatment.

Retiree Dental Program

Because the mouth is the gateway to the rest of the body, maintaining good oral health is important, say officials with the <u>TRICARE Retiree Dental Program</u> however, even routine dental care can be costly, sometimes averaging several hundred dollars a year. Currently, there are more than 1.5 million TRDP enrollees who are maintaining their overall health at an affordable cost, said TDRP officials. To find a network dentist near you, use the "Find a Dentist" at http://trdp.org/

Understanding TRICARE FOR LIFE, Medicare

64-year-old beneficiary is currently receiving TRICARE benefits. When he turns 65, does he need Medicare if he already has TRICARE? Will he personally have to sign-up for Medicare or will TRICARE do this for him? Questions like these are normal for some beneficiaries not sure of their options when turning 65. TRICARE and Medicare are separate programs. Medicare is health insurance for people age 65 or older, as well as for people under age 65 who have qualified for Social Security disability insurance. TRICARE For Life is TRICARE's Medicare-wraparound coverage available to all Medicare-eligible TRICARE beneficiaries, regardless of age or place of residence, provided they have Medicare Parts A and B. There is no paperwork associated with TFL. Beneficiaries automatically gain coverage when they meet the requirements. Beneficiaries must sign up for Medicare as soon as they become eligible to ensure that they continue to get benefits under TRICARE. Beneficiaries turning 65 receive reminder letters from the Defense Manpower Data Center. For more information regarding Medicare sign-up, beneficiaries can call at 800-633-4227 or go to www.medicare.gov. Beneficiaries are ineligible for TRICARE benefits for any period of time that they have Medicare Part A but not Part B, with several exceptions. For information on these exceptions, beneficiaries can go to www.tricare.mil/factsheets/Medicareor talk with their regional health care contractor.

Retiree survivor's guide outlines general information about benefits

A Retiree Survivor's Guide to Benefits is available at http://www.retirees.af.mil/library/ of the Air Force Retiree Services website. This guide provides general information about most federal benefits and entitlements available to eligible family members of deceased retired Airmen, and it explains various application processes. People can direct specific questions to the government agency administering the benefits or discuss these with an Air Force casualty assistance representative. Government agencies outside the Air Force administer most of the benefits discussed in this guide. This guide is designed to provide general information on most federal benefits and privileges people may be entitled to as survivors of a deceased Air Force retiree. In addition, it contains a list of important documents (see Section H), and a Benefits/Entitlements Checklist (see Section I).

<u>Casualty Assistance Representative (CAR)</u> Upon the death of a retired member or the spouse/widow of the military member, the family or executor of the estate should immediately contact the Malmstrom AFB CAR. The CAR office is located at room 122 in Bldg 1191, across the hall from Customer Support. The CAR can also be contacted at (406) 731-4900.

Military Personnel Section

ID Card Renewal & Issue at Malmstrom – As a reminder, in order to receive a new card, you must present two current forms of identification. At least one form must be a government-issued photo ID card. Your retiree ID card, driver's license, or passport is acceptable. The second form of identification can be a SSAN card or birth certificate. All forms of identification must be valid and current. If you have a question on what constitutes "proper identification", please contact us before you leave your area. Family members 75 years and older will receive indefinite ID cards. For information and/or

questions, please call Customer Service at (406) 731-4155.

The Grizzly Bend:

Retirees dues Membership rates are available!!
Retired Military Officers = \$10.00 a month
Enlisted Retirees = \$3.00 a month
Living outside the 50 miles of Great Falls = \$1.00 a
month or \$12.00 annually

All members may choose payment plans of monthly, quarterly or annually. Call the Grizzly Bend for more information (406) 731-3359

Information of Interest to Retirees

A Presidential Memorial certificate is available to family members for deceased retirees. Obtain a copy of VA Form 40-0247 from your local VA office, or go to the internet, using goggle search, enter "VA Form 40-0247' and you can print a copy. You must include a copy of the retiree's discharge (Usually DD Form 214).

Defense Finance and Accounting Service-Cleveland

Click <u>here</u> (800) 321-1080

• Military Records

For Airmen who retired BEFORE Oct 1, 2004, click here

Phone: (314) 801-0800

For Airmen who retired ON or AFTER Oct. 1,

2004, <u>click here</u>

Phone: (800) 525-0102

• Air Force Worldwide Locator

Click <u>here</u> (210) 565-2660

• Air Force Awards and Decorations

Monday - Friday 7:30 a.m. to 4:30 p.m. CST (210) 565-2516 Click here

• Social Security Administration

Click <u>here</u> (800) 772-1213

TricareClick here

- Retiree Contacts for Service Branches
- U.S. Army- www.armyG1.army.milor (703) 325-9158
- U.S. Air Force-www.retirees.af.milor (800) 531-7502

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- U.S. Navy-<u>www.public.navy.mil/bupers-npc/support/retired activities</u>or (866) 827-5672
- U.S. Marine Corps-<u>www.usmc.mil</u>or (800) 336-4649
- U.S. Coast Guard-<u>www.uscg.mil/ppc/ras</u>or (800) 772-8724

